



# **Department of Veterans Affairs**

## **Mental Health Executive Biography**

**Rachel Yehuda, PhD**

**Mental Health Executive**

**James J. Peters Bronx VAMC**

Dr. Yehuda is the Director of Mental Health at the James J. Peters Veterans Bronx Veterans Affairs Medical Center (JJP BVA). She is also an Endowed Professor of Psychiatry and Neurobiology of Trauma at the Icahn School of Medicine at Mount Sinai (ISMMS) in New York City. In addition to her administrative role at the VA, Dr. Yehuda has been an active researcher in the field of PTSD and intergenerational trauma. She has been the recipient of numerous federal research grants and awards. During her 30+ year career she has authored more than 600 scientific publications. In 2019, Dr. Yehuda was elected to the National Academy of Medicine for her contributions to understanding the psychological and biological impact of traumatic stress. In 2020, Dr. Yehuda established and now directs the Center for Psychedelic Psychotherapy and Trauma Research, representing a joint project between the Bronx VA and its academic affiliate, ISMMS.



### **CAREER CHRONOLOGY:**

|                |   |
|----------------|---|
| 2021 - present | Endowed Professor of Psychiatry and Neurobiology of Trauma, ISMMS     |
| 2020 - present | Director, Center for Psychedelic Psychotherapy and Trauma Research    |
| 2017 - present | Vice-Chair for VA, Department of Psychiatry, ISMMS                    |
| 2008 - present | Professor of Behavioral Science, Graduate School at ISMMS             |
| 2008 - present | Professor of Neuroscience, ISMMS                                      |
| 2009 - present | Director, Mental Health Patient Care Center at JJP BVA                |
| 2004 - present | Director, Division of Traumatic Stress Studies, ISMMS                 |
| 1998 - present | Professor of Psychiatry, ISMMS  |
| 1995 - 1998    | Associate Professor of Psychiatry, ISMMS                              |
| 1993 - 2005    | Director, Program for Holocaust Survivors and their Families at ISMMS |
| 1991 - 2009    | Director, PTSD Program at JJP BVA                                     |
| 1991 - 1995    | Assistant Professor of Psychiatry, ISMMS                              |
| 1991 - present | Director, Traumatic Stress Studies Division at ISMMS and BVA          |

### **EDUCATION:**

|             |   |
|-------------|---|
| 1989 - 1991 | Post-doctoral fellow, Clinical Neuroscience Division of the National Center for PTSD, West Haven VAMC, and Psychiatry Department at Yale Medical School |
| 1984 - 1987 | Doctor of Philosophy, Psychology, Division of Neuroscience and Behavior, Department of Psychology, University of Massachusetts, Amherst, MA             |
| 1981 - 1984 | Masters of Psychology, Department of Psychology, University of Massachusetts, Amherst, MA   |